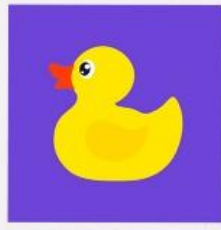


ME TIME BINGO

Your challenge, should you choose to accept it, is to
cross off as many activities as possible!
Can you go 9 for 9?



Enjoy some (sun-safe)
time outdoors.



Take an uninterrupted
bath / shower.



Listen to your fave tunes!
(maybe even get your groove on)



Drink a cup of tea /
coffee while it's still hot!



Connect with a friend
...or four.



Watch your fave
TV show.



Give yourself the night off!
(think takeaway / leftovers)



Set your creative
side free!

